

WEEKLY CLASS SCHEDULE - SPRING 2008

TIME	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30 AM							
9:00 AM		<u>Gentle</u>	<u>Level I/II</u>	<u>Flow</u>	<u>Level I/II</u>	<u>Yin Yang</u>	
9:15 AM		Darcy	Darcy	Darcy	Darcy	Marlene	
9:30 AM							All Levels
9:45 AM							Instructor Rotates
10:00 AM							
10:15 AM							
10:30 AM			Mommy & Me		<u>Pilates</u>		
10:45 AM			Jane		Jane		
11:00 AM							
11:15 AM							
11:30 AM							
12:00 PM		<u>Yin</u>		<u>Level I</u>			
12:15 PM		Darcy		Darcy			
12:30 PM							
12:45 PM							
1:00 PM							
1:15 PM							
1:30 PM							
1:45 PM							
5:00 PM							

5:15 PM							
5:30 PM							
5:45 PM					Prenatal Beginners		
6:00 PM		<u>Level I/II</u>	<u>Pilates</u>	<u>Flow</u>	Tina		
6:15 PM		Tracy	Jane	Karen	May 1 - 22		
6:30 PM							
6:45 PM							
7:00 PM							
7:15 PM			<u>Level I</u>	<u>Gentle</u>			
7:30 PM			Jessica	Karen			
7:45 PM							
8:00 PM							
8:15 PM							
8:30 PM							
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